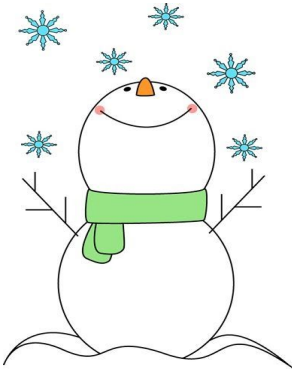


Name: _____ Date: _____ **Third Grade**

SNOW DAY CHOICE BOARD

DIRECTIONS:

1. COMPLETE ONE ACTIVITY FROM EACH BLUE COLUMN.
2. COMPLETE ALL THREE ACTIVITIES IN THE GREEN COLUMN.
3. HAVE AN ADULT INITIAL EACH BOX THAT YOU HAVE COMPLETED.
4. TURN ALL COMPLETED WORK WITHIN 3 DAYS OF RETURNING TO SCHOOL.



MATH	READING	CHOICE	WRITING	FAMILY	PHY ED MUSIC/ART
<p>Spend 30 minutes practicing math skills on IXL.</p> <p>Initials: _____</p>	<p>Read to self for 30 minutes.</p> <p>Title: _____</p> <p>Initials: _____</p>	<p>Build a snowman using shapes other than spheres or create it out of paper. Take a picture of your finished product and post it on Seesaw.</p> <p>Initials: _____</p>	<p>Write a paragraph with 5-6 sentences describing your snow day.</p> <p>Initials: _____</p>	<p>Clean your bedroom.</p> <p>Initials: _____</p>	<p>Exercise for at least 20 minutes using workout routine on the back of this sheet.</p> <p>Initials: _____</p>
<p>Practice math facts for 30 minutes. Use flash cards, or play an addition/subtraction game on mathplayground.com</p> <p>Initials: _____</p>	<p>Read to a family member or friend for 30 minutes. Discuss the story. What surprised you? What was your favorite part of the story?</p> <p>Initials: _____</p>	<p>Pick an animal, draw and list 4 things you know about that animal. How would you classify your animal? (Reptile, Amphibian, Mammal, Bird, Fish)</p> <p>Initials: _____</p>	<p>Write a kind note or thank you letter to someone.</p> <p>Initials: _____</p>	<p>Help complete a family chore: dishes, make beds, vacuum, dust, etc.</p> <p>Initials: _____</p>	<p>Music- Pick One: *Sing a song about snow! *Write a rhythm composition and perform it for your family. *Log into Quaver and complete the activities in the snow day folder</p> <p>Initials: _____</p>
<p>Play a math game with a deck of cards, like addition Top-It, for 30 minutes.</p> <p>Initials: _____</p>	<p>Read in Epic for 30 minutes.</p> <p>Epic code: _____</p> <p>Initials: _____</p>	<p>Choose a spelling activity. 1. Write your Spelling words in ABC order 2. Mark the vowels with one color, and consonants another color 3. Write them in a sentence. 4. Illustrate your spelling words</p> <p>Initials: _____</p>	<p>Write a 6-8 line poem about snow or winter. Or</p> <p>Freewrite for 20 minutes</p> <p>Initials: _____</p>	<p>Play a family game. (Board game, hide & seek, cards----<u>NO technology</u>)</p> <p>Initials: _____</p>	<p>Art- Pick One/ 30 min. *Color a page from a coloring book. *Grab a piece of food from your fridge or pantry and draw it. *Watch a "How to Draw" video and then complete the drawing</p> <p>Initials: _____</p>

Questions about today's assignment? Please contact me. I will be checking my email throughout the day.

E - Learning Day

3rd Grade

Physical Education Workout at Home

Student Name _____

Parent Name _____

Morning Workout

Plank Workout (the one we do in pe class)

- Jog in place for 30 seconds
- Two arm plank for 30 seconds
- Jumping Jacks in place for 30 seconds
- Right arm side plank for 30 seconds
- Burpees in place for 30 seconds
- Left arm side plank for 30 seconds
- Jog in place for 30 seconds
- V-Sit and Reach for 30 seconds
- Jumping Jacks in place for 30 seconds
- Lying Leg Lifts (legs 6 inches of ground) for 30 seconds
- Burpees in place for 30 seconds
- Push-up Position Chest Touches for 30 seconds
- Run in place for 30 seconds
- Finish with 10 Perfect Push-ups

Total Time 7 Minutes

Afternoon Workout

Kid Fit Workout

- Sit-ups for 30 seconds 2 sets (use couch to hold your feet)
Set 1 total # _____ Set 2 total # _____
- Wall Squats 2 sets of 15
(30 seconds rest between sets)
- Stride Jumps Touch Knee to Floor 30 seconds 2 sets
(30 seconds rest between sets)
- Step-ups (use stairs step) 30 seconds 2 sets
(30 seconds rest between sets)
- Push-up Routine
8 Regular Pushups
1 Close Grip
1 Finger Pad
Spiderman (Right + Left)
Sky Divers (Twice)